

Dear ACS friends

Sorry for two emails in two days but I hope you agree that they merit your attention. Yesterday's was the photos of ACS 6. Today has two purpose. T

he first one is to inform you all that the **ACS Forum has reached 350 members**. This is a wonderful moment. We have grown 10 fold since we started with nearly 35 people in April 2007. We have been growing at around 20% per year.

Second is to share with you an interesting Washington Post article reporting on psychological research. It brings into focus the nature of our humanity as being driven towards 'externals'. It explains why there is so much resistance to reflection, contemplation, and prayer and, by the same token, highlights the potential that the built environment may have in assisting us to direct our minds.

<http://www.washingtonpost.com/news/to-your-health/wp/2014/07/03/most-men-would-rather-shock-themselves-than-be-alone-with-their-thoughts/>

This video about it is even better: <http://wapo.st/1pM1n4V>

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*"leap and the net will appear"*